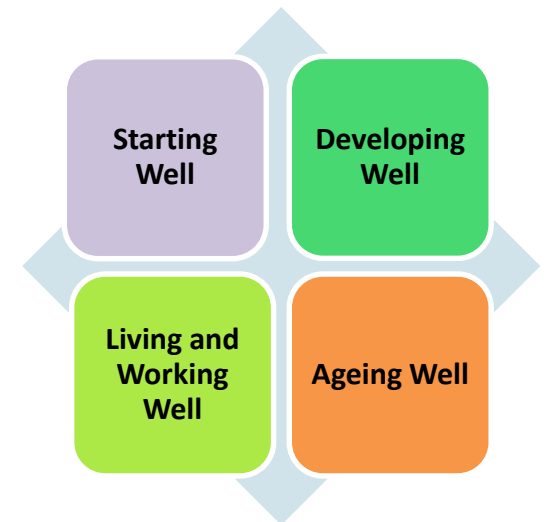


Update on process to refresh Hertfordshire's Health and Wellbeing Strategy 2016-2020

Jacqui Bunce

Associate Director
East and North Herts CCG

Health and **Wellbeing** Board
Hertfordshire



- Engagement process with our stakeholders
- Feedback from the Board's development day February 2016
- Our vision for the future and draft priorities
- Next steps

Engagement



You are invited to attend a
Hertfordshire Health and Wellbeing Board stakeholder event

Health and Wellbeing Board Hertfordshire

Hertfordshire Health and Wellbeing Board is keen to hear your views and feedback about refreshing Hertfordshire's Health and Wellbeing Strategy, starting in 2016.

Please take this opportunity to have your say by attending an informative presentation, taking part in some lively workshops and enjoying a complimentary lunch.

Choose from one of four events:

- Monday 11 January 12.00noon – 4.00pm South Hill Centre, Cemetery Hill, Hemet Hempstead, Hertfordshire HP1 1JF
- Thursday 14 January 12.00noon – 4.00pm The Ellen Terry Studio, Stevenage Arts and Leisure Centre, Lytton Way, Stevenage, Hertfordshire SG1 1LZ
- Friday 15 January 12.00noon – 4.00pm Wodson Park Sports and Leisure Centre, Wadesmill Road, Ware, Hertfordshire SG12 9UQ
- Monday 18 January 12.00noon – 4.00pm The Stanborough Conference Centre, Stanborough Park Church, 609 St Albans Road, Watford, Hertfordshire WD25 9JL







Starting Well Developing Well
Living and Working Well Ageing Well


Places are free but limited. To book your place simply email hwb.herts@hertfordshire.gov.uk



- **Over 90 agencies attended 4 roadshows**
- **53 group discussions with over 200 people**
- **Further engagement continues with partners**

Health and Wellbeing Board
Hertfordshire


JigsawPSPH
 @JigsawPSPH

Play time @hwbherts monopoly, cards & public health statistics coming together. We're liking this approach ☐ #hwbherts

3:38 a.m. - 15 Jan 2016









WheathampsteadPC
 @WhampsteadPC

@hwbherts aging well...life start to finish - working together: priorities & opportunities. Great conference pic.twitter.com/JWY6z5it14

5:36 a.m. - 18 Jan 2016


David Brewer
 @Involvingdavid

@enherts young members / @TPS_Hitchin health champs on Herts health priorities #theFUTUREismembership @hwbherts pic.twitter.com/H3RT0VmuAe

3:12 a.m. - 4 Mar 2016

“It was great to be involved in this way. We aren’t usually invited!”

“Delighted to attend. Thank you!”

















Abbots Langley PC
 @AbbotsLangleyPC

Excellent @hwbherts Engagement Event focusing on opportunities for health improvement through whole of life. pic.twitter.com/lg7g3VvC5u

5:36 a.m. - 18 Jan 2016 from Watford, England

Strategies, legislation and drivers

<p>National</p>	<p>The Care Act 2014</p>  <p>View here</p>	<ul style="list-style-type: none"> Mental Health Act 1983 Equality Act 2010 Human Rights Act 1998 	<p>Towards Excellence in Adult Social Care (TEASC)</p>  <p>View here</p>	<p>Think Local Act Personal Making it real</p>  <p>View here</p>	<p>Transforming care: A national response to Winterbourne View Hospital</p>  <p>View here</p>	<p>Health & Social care Integration</p>  <p>View here</p>	<p>Health and Social Care Act 2008</p>  <p>View here</p>	<p>ADASS 5 year Vision Distinctive, Valued and Personal</p>  <p>View here</p>	<p>The NHS Five Year Forward View</p>  <p>View here</p>
<p>Hertfordshire's statutory and community partners</p>	<p>Hertfordshire County Council's Corporate Plan 2013-2017</p>  <p>View here</p>	<p>Health and Wellbeing Strategy</p>  <p>View here</p>	<p>Police and Crime Plan Police and Crime Commissioner for Hertfordshire</p>  <p>View here</p>	<p>Delivering a healthy Herts Valleys HVCCG clinical strategy</p>  <p>View here</p> <p>Your Care. Your Future West Herts Strategic Review</p> <p>view here</p>	<p>ENHCCG Strategic Plan</p>  <p>View here</p>	<p>Hertfordshire Partnership University NHS Foundation Trust Strategic Plan</p>  <p>View here</p>	<p>Healthier Herts – A Public Health Strategy for Hertfordshire</p>  <p>View here</p>	<p>Children's Services An ambition for children and young people</p>  <p>View here</p>	<p>Herts Community Trust Clinical Strategy</p>  <p>View here</p>
<p>Hertfordshire's Countywide strategies signed off by Health & Wellbeing Board</p>	<p>A voluntary sector commissioning strategy for Hertfordshire 2015 – 2019</p> <p>View here</p>	<p>Carers Strategy</p> <p>View here</p>	<p>Hertfordshire Skills Strategy to 2017</p> <p>View here</p>	<p>Market Position Statement (MPS)</p> <p>View here</p>	<p>Hertfordshire All Age Autism Strategy 2014</p>	<p>Joint Commissioning Strategy 2014 - 2019 Adults with Learning Disabilities</p> <p>View here</p>	<p>Dementia Strategy</p> <p>View here</p>	<p>Ageing Well in Hertfordshire 2014 – 2019</p> <p>View here</p> <p>Prevention Strategy for Healthy Ageing in Hertfordshire</p> <p>Online soon</p>	<p>Mental Health Crisis Care Concordat</p> <p>View here</p>
<p>Other drivers...any gaps?</p>	<p>Disabled Children's Charter</p>	<p>Lifestyle and Legacy Partnership</p>	<p>District Housing Strategies</p>	<p>Local Enterprise Partnership</p>					

Wider influences

- [Combating Loneliness: A Guide for local authorities LGA January 2016](#)
- [District councils' contribution to public health: The King's Fund January 2016](#)
- [Healthy Beginnings: Giving our children the best start in life LGA November 2015](#)
- [District action on public health : District Councils' Network September 2014](#)
- [At the heart of health: Realising the value of people and communities NESTA Feb 2016](#)

Our principles

Health and Wellbeing Board Hertfordshire

Keeping people safe
and reducing
inequalities in
health, attainment
and wellbeing
outcomes

Centred on people,
their families and
their carers, giving
priority to those
most vulnerable

Evidence Based
(JSNA)

Preventative
approach that gives
priority to those
most vulnerable or
at risk

What can we do
better together?
Focusing our efforts
to maximise
benefits

Opportunities for
integration to
improve outcomes



The Determinants of Health (1992) Dahlgren and Whitehead

Overarching principles



Starting Well (0-5 yrs)

Our vision for Hertfordshire

Healthy mothers and healthy babies

- We will strive to support pregnant women, new mothers and partners to take care of their own health and the health of their babies.
- We will put a greater focus on the mental health of mothers and partners in the period immediately before and after birth.
- We will seek to reduce the proportion of women who smoke during pregnancy.

Parenting for a bright future

- We will strive to support parents of young children to help them develop well and give them a healthy start in life.
- We will seek to reduce the variation across the county in young children's level of school readiness.
- We will seek to reduce the proportion of 4-5 year olds who are overweight or obese.

Developing Well (5 -25yrs)

Our vision for Hertfordshire

Good mental health and wellbeing for children and young people

- We will strive to address the wider causes of poor mental health in children and young people and support those who are experiencing health and wellbeing problems.
- We will seek to address commonly experienced issues, such as bullying, which have a negative impact on children and young people's mental wellbeing.
- We will seek to deliver better support for young carers.

Children and young people equipped to become healthy and successful adults

- We will strive to improve life chances for our most disadvantaged children and young people, including those in the care of the local authority taking account of the voice of the child and young person
- We will seek to enable children and young people to adopt healthy lifestyles, reducing their risks of experiencing health problems in later life.
- We will seek to reduce the proportion of 10-11 year olds who are overweight or obese.

Living Well (25 – 65yrs)

Our vision for Hertfordshire

Good mental health and wellbeing for working age adults

- We will strive to address the wider causes of poor mental health in working age adults and support those who are experiencing mental health problems.
- We will seek to deliver better support for unpaid carers.
- We will seek to tackle homelessness and its underlying causes.

Healthy lifestyles for working age adults

- We will strive to reduce preventable disability and premature deaths by enabling working age adults to adopt healthy lifestyles.
- We will seek to increase the proportion of working age adults who are getting the recommended level of physical activity and reduce levels of overweight and obesity.
- We will seek to reduce the harm caused to health by smoking, alcohol and drug use among working age adults.

Ageing Well (65yrs plus)

Our vision for Hertfordshire

Older people remaining physically active and independent

- We will strive to enable people aged 65+ to remain physically active and reduce levels of frailty.
- We will seek to reduce hip fractures and injuries due to falls in people aged 65+.
- We will support people aged 65+ to regain their independence following a stay in hospital.

Good support in older age and end of life

- We will strive to reduce social isolation in people aged 65+ and ensure good support and access to services up to the end of life.
- We will seek to reduce preventable winter deaths in people aged 65+.
- We will seek to improve the care and quality of life of people with dementia and their family carers.

Next steps

- Health and Wellbeing Board members feedback on first draft of strategy based on engagement feedback. 15 - 21 March
- Draft strategy: 8 week formal public consultation
- New strategy launch at the board's annual conference in June
- Continue partnership engagement and develop action plans over the summer
- Contact us: hwb.herts@hertfordshire.gov.uk